



Six-A-Side Soccer Rules

This is a knock-out tournament with a play-off game for Runner-up.

Six players per team, with unlimited substitution from the sideline.

At least one player for each gender must be on the field at all times.

A goal scored by a female player will count as two points.

Scoring can only be from an indirect kick unless a penalty kick has been awarded.

No watches or jewelry are to be worn during games.

Appropriate footwear must be worn at all times. No metal studs.

Games are 15 continuous minutes each half, with no half time break.

No physical contact between players. Minimal shoulder use will be tolerated (no arms). Contact will be decided at the discretion of the referee.

No slide tackling. This also applies to the goalkeeper. No tackling from behind.

There are no off-sides.

The ball cannot be thrown or kicked over half way on the fly by the goalkeeper from a goal kick restart. For this infringement the opposing team is awarded an Indirect Free Kick at the point where the ball crossed the halfway line.

For finals only. In the event of a draw, one 5 minute period will be played with the first team to score winning the match. If scores are still equal a five player penalty shootout will occur.

All decisions of the referee are final.

The referee will be the timekeeper.

All other general soccer rules apply.

